



NATIONAL CERTIFICATION BOARD FOR THERAPEUTIC MASSAGE AND BODYWORK

Nationally Certified Therapeutic Massage and Bodywork practitioners bring you the quality, consistency and trust you deserve.

Massage Therapy is one of the fastest growing professions in the health care field. It is becoming more accepted both as preventative care and as a necessary treatment for people with conditions. Massage stretches and loosens muscles, improves blood flow and the movement of lymph throughout the body, and facilitates the removal of metabolic wastes resulting from exercise or inactivity. There is an ever-increasing acceptance of massage as a holistic approach to health care and health maintenance.

For millions of Americans of all ages, therapeutic massage and bodywork are the solutions to many of the physical and stress-related problems of our age. These individuals have found the value of touch through the various modern and ancient healing arts of massage and bodywork. Through consumer demand, research, professional standards and a new National Certification Program, these arts have entered the mainstream of modern medical, health, fitness and wellness practice.

Why Do I Want A Nationally Certified Practitioner?

Nationally Certified practitioners have subscribed to the following statement of practice: Massage therapists and Bodyworkers shall act in a manner that justifies public trust and competence, enhances the reputation of the profession and safeguards the interests of individual clients."

Smart consumers look for the NCTMB certification credential. Whatever their need - pain relief, rehabilitation, relaxation, or physical or mental rejuvenation - consumers know that Nationally Certified practitioners will provide quality, professional service. National Certification assures consumers that their interests are being protected.

National Certification recognizes practitioners who meet standards of proficiency and who are committed to the profession.

Today, more than 60,000 Nationally Certified Practitioners serve millions of consumers. Nationally Certified practitioners are at work in a number of capacities - in physicians' offices, private practices, health clubs, fitness centers, spas and hospitals.

NCBTMB recognizes the importance of maintaining the public trust. Each candidate for National Certification must read and agree to uphold NCBTMB's [Standards of Practice](#) and Code of Ethics. The code stresses professional conduct, consumer protection and integrity of services. "Massage therapists and Bodyworkers shall act in a manner that justifies public trust and competence, enhances the reputation of the profession and safeguards the interests of individual clients."

What does it mean to be Nationally Certified?

National Certification sets standards for massage and bodywork practitioners. National Certification protects the consumer, the profession and employers by ensuring that individuals who obtain this credential have skills consistent with specific national standards and criteria. To become eligible for certification, practitioners must possess certain levels of education, experience and training, demonstrate mastery of core skills, abilities and knowledge, and pass a certification exam.