

# By His Grace My Journey Was Revealed:

*Affirmations of a Soul in Recovery*

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PRESS RELEASE - New book

FOR IMMEDIATE RELEASE

**“Say no to a life consumed with darkness and insist on seeing the light!”**

**FORT WASHINGTON, Maryland**, October 28, 2005 -- Valecia A. Baldwin-Johnson, RN is pleased to announce the release of her inspirational book entitled **“By His Grace My Journey Was Revealed: *Affirmations of a Soul in Recovery*”**. To celebrate this new release there will be a book launch party on **Tuesday, November 15, 2005** 6:00 PM - 9:30 PM at the **Holiday Inn – Crystal City**; 2650 Jefferson Davis Highway; Arlington, VA 22202.

The unique message in this book is timeless; every second, every minute, and every hour...someone in the world is looking to be **“saved”** from their circumstance. The author, Valecia A. Baldwin-Johnson is a Registered Nurse who has dedicated eighteen years to the healthcare industry. She is also a Nationally Certified Massage Therapist with a private health and wellness practice in Fort Washington, Maryland. Growing up in a family environment filled with episodes of violence, alcoholism, and drug abuse, Valecia lived a life of darkness. After spending numerous years in self-discovery, healing, and forgiveness, she is now ready to share much of her faith-filled journey.

Valecia A. Baldwin-Johnson was born in the mid sixties in Brooklyn, New York. She is married with two children. One of her favorite affirmations from the book is *“I am greater than my history.”* The powerful message offered to the readers is the idea that truth is universal. When one speaks about their truth... the healing process begins.

Valecia is a mother, author, and Life Coach who is proud of the lessons she has learned while on her journey. She has shared her inspirational message of hope with numerous Women’s groups, religious organizations, and individuals looking to find their way out of the darkness.

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***By His Grace My Journey Was Revealed: Affirmations of a Soul in Recovery***

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